

HE-3500 FIRST AID & PERSONAL SAFETY

INSTRUCTOR:

COURSE CATALOG: Principles for first aid and personal safety in terms of theory and practice of first aid procedures. Qualified students receive American Red Cross Certification. Course fulfills the safety and first aid requirement for those contemplating a teaching career. **ONLINE COURSE:** Certification NOT required.

REQUIRED READING: The required course reading is as follows:
American Red Cross First Aid/CPR/AED Participants Manual (r.2016)

Staywell Revised Edition 4/16 - ISBN: 978-1-58480-665-3

Please purchase the manual that looks like the image to the right **ONLY**

SUPPLIES:

One Laerdal CPR breathing barrier

non-latex gloves (purchase box at pharmacy i.e. CVS, Duane Reade)



Failure to bring your material to class will result in you being UNABLE to participate for the session. ALWAYS have a new pair of gloves and your breathing barrier.



READING ASSIGNMENTS

You are responsible for thoroughly reading and studying all assignments in the text **BEFORE** class. You must read all the appropriate text pages in advance of each class meeting and be prepared to answer questions.

CLASSWORK

Class hours will be devoted to highlighting critical areas in the text, clarifying course content and practicing skills.

EXAMS

Mid-term - The written midterm will be given at the completion of the AED unit. This exam will include all material up to and including AED.

Final - The written final exam will be given at the end of the semester. This exam will include all course work material.

Skills Tests - There will be Five Practical skills tests on the following topics: CPR; obstructed airway for the unconscious victim; obstructed airway for the conscious victim; the AED; and soft tissue/ skeletal injuries.

GRADING

Final grades will be based on the following:

Practical Skills (5): 50% - **NOTE: each practical exam counts for 10% of your grade**

Mid-term exam (multiple Choice): 25%

Final exam (multiple Choice): 25%

More than 4 hours of absence from class will result in a significant lowering of your grade as this will affect your skill grades and participation (Lateness= 1/2 absence. Four lateness =2 absences).

Missing more than 4 hours of class may result in a WU grade. If you need to withdraw from the class due to absences or other issues, please do so immediately with the Registrar. Be aware that withdrawing/ dropping MAY AFFECT your financial aid. Check with your Financial Aid counselor if you have any questions/ concerns. Bottom line: Be in class, on time, having read the material and participate!

CERTIFICATION

Two American Red Cross certifications may be earned in this course. You will receive Red Cross certification in Adult CPR/ AED and Red Cross certification in Standard First Aid if you pay the American Red Cross fee AND each of the following criteria is met:

1. You must earn at least a "B" on each of the five practical skills tests
2. You must earn at least an 80 on the mid-term exam; and,
3. You must earn a "B" or higher as a final grade in this course.

CLASS ETIQUETTE

Please come with enthusiasm and be ready to learn! You are expected to be engaged and fully participate in every class. Cell phones and beepers must be silenced and cannot be used during class. Any disruptions by electronic devices may result in your being asked to leave for the session. **DO NOT USE YOUR CELLPHONES!**

Dress in clothing appropriate for physical activity. Bring water (no other food/ beverages permitted) as it tends to shift between cold and hot in the room. No high heels permitted on mats!

If you are going to be absent for an extended period of time or miss any exams, you **MUST** contact me via e-mail or leave a message for me **in advance** of your situation. Exam make ups are rare and are only given for documented, extenuating circumstances. It is extremely important that YOU DO NOT miss any portion of Adult CPR/ AED or any other hands on skill sessions. If you miss an exam, you will receive a 0 for that exam. Typically, once I teach a skill I will not repeat it. If you miss any portion of a skill being taught, it will be very difficult for you to obtain a "B" as required for certification and may jeopardize your opportunity to receive a good grade and may result in failure of course.

You are responsible for all the material in this syllabus. Please bring it with you to every class and refer to it for exam dates and topics being covered. You are fully responsible if you miss an exam date because you have lost or did not consult this syllabus.

Access-Ability Services (AAS) serves as a liaison and resource to the KCC community regarding disability issues, promotes equal access to all KCC programs and activities, and makes every reasonable effort to provide appropriate accommodations and assistance to students with disabilities. Your instructor will make the accommodation you need once you provide documentation from the Access-Ability office (D-205). Please contact AAS for assistance. Please do so in a timely manner and well in advance of when accommodation is needed.