

KINGSBOROUGH COMMUNITY COLLEGE  
The City University of New York

CURRICULUM TRANSMITTAL COVER PAGE

Department: Health, Physical Education and Recreation Date: August 3, 2016

Title Of Course Or Degree: EXS 1300, FITNESS ASSESSMENT AND PROGRAM DESIGN

Change(s) Initiated: (Please check)

- |   |   |
|---|---|
| <input type="checkbox"/> Closing of Degree        | <input type="checkbox"/> Change in Degree or Certificate Requirements         |
| <input type="checkbox"/> Closing of Certificate   | <input type="checkbox"/> Change in Degree Requirements (adding concentration) |
| <input type="checkbox"/> New Certificate Proposal | <input checked="" type="checkbox"/> Change in Pre/Co-Requisite                |
| <input type="checkbox"/> New Degree Proposal      | <input type="checkbox"/> Change in Course Designation                         |
| <input type="checkbox"/> New Course               | <input type="checkbox"/> Change in Course Description                         |
| <input type="checkbox"/> New 82 Course            | <input type="checkbox"/> Change in Course Title, Numbers Credit and/or Hour   |
| <input type="checkbox"/> Deletion of Course       | <input type="checkbox"/> Change in Academic Policy                            |
|   | <input type="checkbox"/> Pathways Submission:                                 |
|   | <input type="checkbox"/> Life and Physical Science                            |
|   | <input type="checkbox"/> Math and Quantitative Reasoning                      |
|   | <input type="checkbox"/> A. World Cultures and Global Issues                  |
|   | <input type="checkbox"/> B. U.S. Experience in its Diversity                  |
|   | <input type="checkbox"/> C. Creative Expression                               |
|   | <input type="checkbox"/> D. Individual and Society                            |
|   | <input type="checkbox"/> E. Scientific World                                  |

Other (please describe): \_\_\_\_\_

PLEASE ATTACH MATERIAL TO ILLUSTRATE AND EXPLAIN ALL CHANGES

DEPARTMENTAL ACTION

Action by Department and/or Departmental Committee, if required:

Date Approved: 9/13/16 Signature, Committee Chairperson: Shelise Gracco

I have reviewed the attached material/proposal

Signature, Department Chairperson: Ronald Arme



TO: Fall 2016 Curriculum Committee  
FROM: Department of Health, Physical Education and Recreation  
DATE: August 8, 2016  
RE: Change in EXS 1300

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The Department of Health, Physical Education and Recreation is proposing a change in prerequisite for EXS 1300, Fitness Assessment and Program Design

**FROM:**

EXS 1000, Kinesiology of Exercise

**TO:**

EXS TBD, Introduction to Exercise Science

**Rationale for Change:**

EXS 1000 will not be required under the requirements of the retitled degree (from Exercise Science/Personal Training to Exercise Science). That course and others with advanced scientific content will be taken as part of the senior college curriculum.

This course will now allow students to develop personal fitness skills and become familiar with some of the assessment and programing skills performed by exercise science professionals. While these will be covered in more detail at senior colleges, sampling the skills at Kingsborough will give the students insight into the working environment of exercise science professionals.

Although the material from EXS TBD is not necessary for comprehension of material in the EXS 1300 class, having it as a prerequisite allows students to confirm their interest in an exercise-science related career before enrolling in the course.